



## Judi Ahram

By Ann Kreiman  
Senior Spotligher



Way back in Manhattan, Leonard and Mickey Goldberg welcomed their first and only child, Judi. The young parents moved to Hewlett, Long Island where Judi attended local schools and Hewlett High School. She graduated from Boston University with a major in Physical Therapy – a career promising a future helping others.

Judi's career began in Hadassah Hospital in Jerusalem, a world-renowned healthcare facility in Israel. She met her husband to be, Joseph, at her workplace and married in Israel.

Marriage brought the young couple back across the Atlantic Ocean to Philadelphia, PA. She is the proud mother of two sons and a daughter. Son, Ariel is a professor of Middle East Studies at Virginia Tech and son, Roey is Program Manager at Spencer Foundation in Chicago. Daughter, Sharon is Director of Social Policy at William Penn Charter School in Philadelphia. Three grandchildren complete Judi's family. She has two granddaughters, Leonie, 8, and Tillie, 5, and grandson, Ezra is the son of Roey and Laura, in Chicago.

She founded and directed a not-for-profit Adult Day Care in Philadelphia. This facility that Judi founded continues its outreach to those in need in the community today. However, she sold it after 20 years when injuries from a car accident resulted in her retirement.

An empty nest sent Judi flying down to South Florida, where she settled in Century Village in Deerfield Beach. However, she still maintains her snowbird status between our fair city and Narberth, PA.

Judi made a decision to utilize her professional training, substantial knowledge and career experience by becoming a volunteer in the Adult Day Care at our Center for Active Aging. For the last two years, Judi has been a valued member of our volunteer staff on Mondays and Tuesdays or Mondays and Wednesdays. She tells us the clients are fabulous and the staff is knowledgeable and caring. She particularly enjoys working one-on-one with the clients – especially the people who have difficulty engaging and participating in a large group. Judi finds it rewarding to see that the interaction she initiates with the day care members can result in their becoming more involved with the group.

Judi is the kind of Center for Active Aging volunteer who personifies someone whose education and life experience can be used to benefit our center's seniors. We welcome all those whose background will be an asset to our participants to find satisfaction in their retirement and a leisurely lifestyle by becoming a center volunteer.